Kelariz Keshavarz – NFA 2027

Session Outline — 45 Minutes

From First Sound to Folia: A Step-by-Step Approach to Extended Techniques and Improvisation

Introduction and Method Overview — 4 minutes
Introduction to *Unveiling Extended Techniques in Flute Performance*, forthcoming from Theodore Presser Company, and the method's approach to guiding flutists from their first experience with an extended technique toward using it confidently in a musical context.

Introducing the Folia Theme — 4 minutes
Introduction to the Folia theme and its role as a familiar musical framework throughout the method. Participants will become familiar with the theme before extended techniques are introduced.

Hands-On Extended Technique Modules — 24 minutes
Participants will explore three selected extended techniques using the method's progressive approach. Each module will move through three stages: step-by-step instruction and exercises for producing and controlling the technique; guided improvisation using the new sound; and application of the technique within a corresponding Folia variation. Participants are encouraged to bring their flutes and play throughout this portion of the workshop.

Guided Group Improvisation — 5 minutes
Participants will combine the techniques introduced during the session in a guided improvisation, shifting the focus from producing individual effects toward listening, musical interaction, and creative use of the new sounds.

Folia in Performance — 4 minutes
Selected excerpts from the *Folia* theme and variations will demonstrate how extended techniques introduced progressively throughout the method can become part of a larger musical context.

Teaching Applications and Questions — 4 minutes
Discussion of ways the approach can be incorporated into individual practice and studio teaching, followed by audience questions.

No previous experience with extended techniques or improvisation is required. Participants are encouraged to bring their flutes.